



Times Tables Rock Stars:
[Play \(trockstars.com\)](http://trockstars.com)



Can you add up the total cost of 5 items from the shop?

Use a recipe to make something tasty! How would the ingredients change if you wanted to make twice as much?

Find five types of food or drink in your house – what is the weight of each item? Can you add the weights together to find a total weight?



June is the Wildlife Trust's

#30 Days Wild Challenge.

Can you and your family do one wild thing every day in June... or even for the rest of this term?

Go on, embrace your wild side!



Can you find items around your house that are a source of: heat, light and sound? Try and find 3 items for each type of energy.

Can you find out how many bones are in the human skeleton and name 5 of the bones?

Can you try the skittles experiment? Place them all around the edge of a plate and then add water to the plate and wait!

**Yr 7 Home Challenges
Learning Block 6**



[Log in to play and learn \(nessy.com\)](http://nessy.com)



Tell us about your favourite story – why is it your favourite?

Can you read a book and review it? What did you like about it? What would you change?



Write down how you feel each day for a week – can you write why you felt like that?

Health and Wellbeing

Pledge to Play on the 17th – 23rd June

Can you complete 30 minutes of physical activity every day to meet the Chief Medical Officers recommendation of 60 minutes daily. There will be lots of activities going on during the school day. Sign up as a family or complete at school.

[National School Sports Week - Youth Sport Trust](#)

**Cooking and Nutrition
Good and Bad Diets**

Create a colourful poster showing a good and a bad diet. This can be hand drawn or you can use the computer.