



# Preparation for Adulthood

*If you require any further assistance or support regarding next steps, please contact our Careers Lead: Mrs Lee*

[careers@friars.northants.sch.uk](mailto:careers@friars.northants.sch.uk)

# Welcome

We recognise that for young people with additional needs, transition points can be a little worrying. We also understand there are **many** routes to take to adulthood.

This booklet will guide you through some options to help you think about which route might be most suitable. It is designed to be used alongside guidance from the Academy Careers and Future Prospects Leader and any other practitioner providing support for your family.

***It is also important that you do your own independent research so that you can be confident that no opportunity has been missed.***



As young people are required to stay in education until they are 18 this does not mean they have to stay at school.

## They could:

- Participate in full-time education (known as a study programme) at a college, school or with a training provider.
- Take up an apprenticeship, traineeship or supported internship.
- Go into full-time employment or volunteering (of 20 hours or more per week) if combined with accredited part-time education or training.

***It is important to be aware of the student's levels, when making choices of provision.***

# The Application Process

## Research

Summer Y10

- During year 10 students and families need to be aware of the available opportunities ready to apply and make choices immediately students start in year 11.
- Visit colleges and provisions or view virtual college experiences.

## Review

October/ November

- After your review in year 11 the Academy will send the paperwork to the EHCP team and it will be returned to you in December.

## Check

December

- A You will need to check any changes on the EHCP and send it back to them with the name of where you would like your child to go Post 16, this is called the preference (even if they will stay at Friars Academy).
- ***It is important to return it by the allocated date to ensure a Post 16 place.***

## Wait

January

- The transition team will send out your preference for consultation to the choice of college, Post and provision you chose.

## Decision

March

- You will be informed of the successful placement by the end of March.

## Transport

March to May

- Transport needs to be applied for, for ALL post 16 students including those who may stay at Friars. Please check with colleges and training providers to see if they offer own transport support. The deadline for transport applications is Mid May, any late applications may not be considered for the start of the year.

# College Opportunities

There are a number of colleges in our area offering a range of courses, programmes and qualifications.

**Please note most college courses are only 3 days a week.**

Door-to-Door transport needs to be applied for through the EHCP team. Most colleges offer their own alternative to this, please check with the provider for further details. When applying for a college course please inform them the young person has an EHCP, and that they meet the entry requirements.

A visit in advance is recommended either on an open day or by personal arrangement.



[moulton.ac.uk](http://moulton.ac.uk)

01604 491131

[enquiries@moulton.ac.uk](mailto:enquiries@moulton.ac.uk)

**Courses offered include:** Supported Learning, Floristry, Sport, Construction, Food & Drink, Functional Skills, and Land Skills.



[northamptoncollege.ac.uk](http://northamptoncollege.ac.uk) 01604734567 [enquiries@northamptoncollege.ac.uk](mailto:enquiries@northamptoncollege.ac.uk)

**Courses include:** Supported Learning, Hair & Beauty, Health & Social Care, Gaming, IT, Engineering, Art & Design, Public Services, Hospitality.



[tresham.ac.uk](http://tresham.ac.uk)

01536 413123

[info@tresham.ac.uk](mailto:info@tresham.ac.uk)

**Courses include:** Foundation Learning, Engineering, Health & Social Care, Motorsport, Music, Computing, Sport & Leisure, Princes Trust, Public Services.

**Corby, Kettering, Wellingborough**

# Education Settings with Post 16 Provisions



## Friars Academy Post 16

**Tel:** 01933 304950

**Email:** [office@friars.northants.sch.uk](mailto:office@friars.northants.sch.uk)

**Web:** [www.friarsacademy.org](http://www.friarsacademy.org)

## Chelveston Road School

**Tel:** 01933 834490

**Email:** [office@chelvestonroadschool.org](mailto:office@chelvestonroadschool.org)

**Web:** [www.chelvestonroadschool.org](http://www.chelvestonroadschool.org)



## Isebrook SEN College

**Tel:** 01536 500030

**Email:** [ioffice@isebrookschoo.co.uk](mailto:ioffice@isebrookschoo.co.uk)

**Web:** [www.isebrooksen.co.uk](http://www.isebrooksen.co.uk)

## The Beehive

**Tel:** 01604 777820

**Email:** [TBHInfo@northgateacademy.org.uk](mailto:TBHInfo@northgateacademy.org.uk)

**Web:** [northgateacademy.org.uk](http://northgateacademy.org.uk)



## Canto Learning Post 16 Education

**Tel:** 01604 741150

**Email:** [haydn.dear@cantolearning.co.uk](mailto:haydn.dear@cantolearning.co.uk)

**Web:** [www.cantolearning.co.uk](http://www.cantolearning.co.uk)

# Additional Information and Useful Links

<b>Bursary</b>	Colleges often offer bursaries to support students in their studies, this may cover funding for equipment. Enquire at student services.
<b>Transport</b>	There are fees to pay for transport to all Post 16 placements.
<b>PIP</b> <a href="http://www.gov.uk/pip">www.gov.uk/pip</a>	Person Independence payment (PIP) can help you with some of the extra costs if you have a long term physical or mental health condition or disability
<b>Local Offer</b>	Services for children and young people in Northamptonshire (aged 0-25) with special educational needs and disabilities
<a href="http://www.preparingfordulthood.org.uk">www.preparingfordulthood.org.uk</a>	Funded by the DFE preparing for adult supports young people with SEND achieve paid employment, independent living, housing options, good health, friendships, relationships and community inclusion.

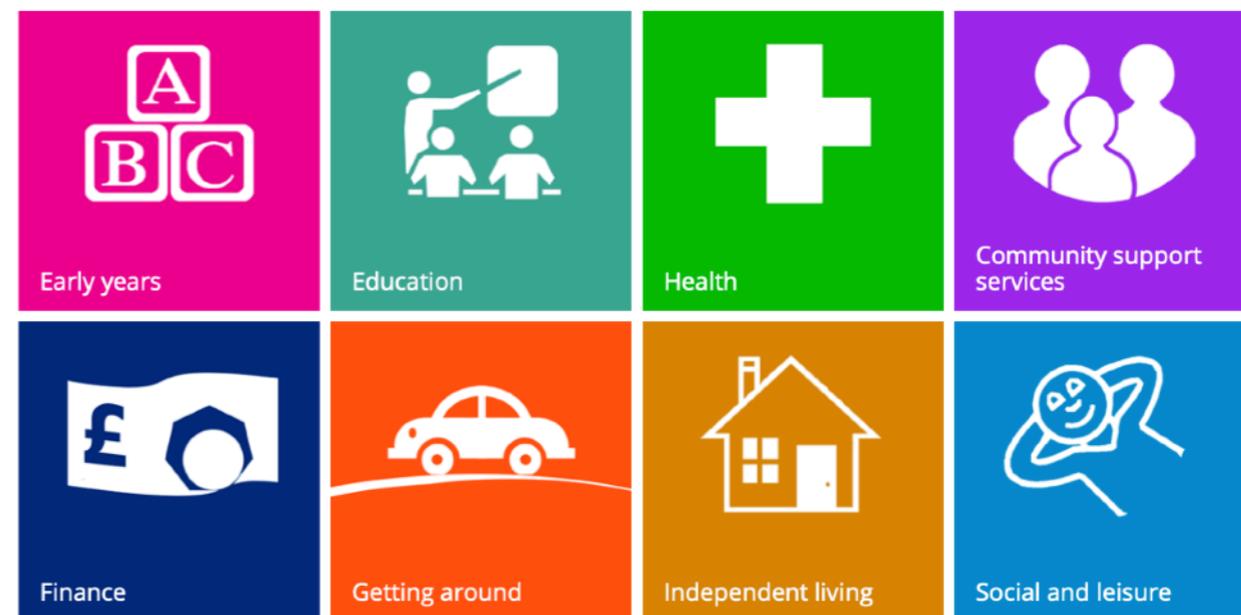
# Northamptonshire Local Offer

## What is the Local Offer?

According to the Children and Families Act (2014), local authorities and schools are required to publish and keep under review information about the services they expect to be available to children and young people with SEND aged 0-25. The Local Offer is intended to improve choice and transparency for families, and is an important resource for parents when it comes to understanding the range of services and support available in the local area.

Visit the website to find the information and services available near you in one place.

<https://www.northamptonshire.gov.uk/councilservices/children-families-education/SEND/local-offer>



### Contact:

- **Website:** [www.northamptonshire.gov.uk/localoffer](http://www.northamptonshire.gov.uk/localoffer)
- **Email:** [localoffer@northamptonshire.gov.uk](mailto:localoffer@northamptonshire.gov.uk)
- **Telephone:** 0300 126 1000, option 5

### Connect on social media:

- **Facebook:** [www.facebook.com/LONorthants](http://www.facebook.com/LONorthants)
- **Twitter:** [www.twitter.com/LONorthants](http://www.twitter.com/LONorthants)

# One Page Profile

## What is a One Page Profile?

A One Page Profile captures the important information about a person on a single page under three simple headings: **'what people appreciate about me'**, **'what is important to me'** and **'how best to support me'**.

The One Page Profile enables better support for people by providing a record that can adapt and move with them as they transition between services. The information contained within the Profile can be regularly updated to reflect changing circumstances and aspirations.

This document can benefit the workplace by contributing towards facilitating more person-centred teams, with improved recognition of individual strengths and a better understanding of different ways of working.

### What people appreciate about me...

- Ask the people who know the child - including friends and family, teachers and support workers - to say what they like and admire about them.

### What is important to me...

- List what really matters to your child so that someone who does not know them will understand what matters to them. This is from their point of view - even if others don't agree.
- It should be fairly detailed and specific to your child. Remember, this is not a list of likes and dislikes. Rather it should be a list of what and who is most important to them personally.

### How best to support me...

- List how best to support your child. This includes information that will help with creating the best situation and outcome for them. Include what people need to know and do in order to make their time more positive.
- Be as specific as possible so that in the event support is required quickly, someone can plan the correct support right away. This can include both what **is** helpful and what is **not**.

My One-Page Profile



What people appreciate about me

What is important to me

How to support me



# Work Experience and Volunteering

Most young people with learning difficulties or disabilities are capable of working and want to work! Employment helps people to be independent and be part of the community, leading to a good ordinary life.

For children and young people with SEND, getting work experience and developing employability skills is very important. It can also help an employer to recognise the skills that the young person can bring to their organisation.

## Meeting employers

Schools and colleges have a duty to ensure all young people have opportunities to meet with employers during their time in education – an aspect which is inspected by Ofsted. This could be an employer coming to the school or college to talk to students about their job, help with a project, give students opportunities for a mock interview or mentor a student.

At Friars Academy, we have careers week, which gives students an opportunity to talk to a range of employers.

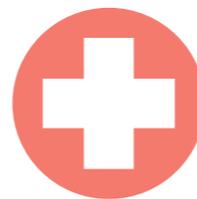
## Work experience

Your child should also be offered the chance to do some work experience during their time in education. This could be for a fixed period of time, such as one full week or spread over a number of weeks during a term. Schools and colleges have a responsibility to help students prepare for these kinds of experiences.

At Friars Academy, we partner with a range of companies to provide work experience opportunities offsite, as well as providing opportunities onsite.

## Volunteering

Volunteering can also help students develop skills that will help them in future employment. There are formal programmes, but you could also help your child to do some voluntary work outside school or college in an area that they are personally interested in. However, please be aware that your child may need to be over 16 to take part in external voluntary work and they may need some additional support.



# Health

## What is transition?

For children with continuing health conditions, 'transition' in health services means the change from children's to adults' health care services. This is a gradual process where choices can be made around which hospital and services will suit your child best as they grow.

## When do they have to move?

Most young people will move on to adult health services between 16 and 18 years old. Sometimes, young people move from a children's health service to an adolescent or young person's unit at 13 or 14 years old, instead of moving straight to an adult health service. You can ask your child's health practitioner about when they will be making the move.

Transition to adult health services means that your child may start seeing a different team at your local health services. They will be given a lot more independence, where appropriate, and will be encouraged to learn about their own health, so that they can be more involved in their personal healthcare and decision making.

## Who can help your child get ready for transition?

Your child's local healthcare service, i.e. GP surgery, will be able to give you information and support about moving on to adult services. Your child's GP will need to be involved at this stage, as they will sometimes become the first point of contact for them on leaving school for any therapies which may have been previously provided through the school.

## Making decisions...

Around this time of transition, health staff will begin to spend more time talking directly to your child rather than with you as their parent/carer, although you will still be encouraged to attend appointments with them if needed.

If your child is unable to make their own decisions after the age of 16, their health practitioner may talk to you as their parent/carer about undertaking a **mental capacity assessment**

# Leisure Activities



Becoming an adult gives young people an opportunity to gain independence and expand their active social life. This contributes positively to wellbeing, community involvement, and forming and maintaining relationships.

When preparing for your child's transition reviews, you may find it helpful to discuss with them their hobbies and interests so that you can build it into their transition plan.

***Check Northamptonshire's Local Offer to see what's available locally for young adults***

